

What Will My Autism Evaluation be Like?

If you feel nervous or anxious about your upcoming evaluation, you are not alone! New situations can cause uncertainty and anxiety.

Evaluations take place in my office (visit autismcounselingoregon.com for pictures). Proper COVID precautions are taken. I recommend you bring along a friend or family member whom you feel comfortable with and who knows you well. This will help put you at ease and will also give me an outside perspective for some of my questions.

The evaluation itself takes about an hour and a half. I will ask questions and you or the person you brought along can answer. Most people report that it just feels like a conversation. The evaluation was created by Susan D. Mayes Ph.D and was modified to assess adults. It consists of 20 questions from 4 domains of The Autism Spectrum. Within the assessment I also screen for co-occurring disorders that often accompany autism (ADHD, OCD, Depression, Anxiety)

By the end of the evaluation, you will know whether you are on the Autism Spectrum or not. We will then take about 30 minutes for you to ask me questions about your possible diagnosis, further counseling, or anything else you're curious about. Written results of your evaluation and supporting documentation will be mailed to you within a week.

Please let me know what other questions you might have before your evaluation by emailing me at olsen@autismcounselingoregon.com. The feedback I usually get from people who have gone through the evaluation is, "That wasn't so bad!"

Evaluation Fee:

Cash / Check - \$325

Credit / Debit - \$334

If you have OHP, the evaluation fee is covered.

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