

Professional Disclosure Statement

Philosophy and Approach: My aim is first and foremost to provide you with a safe and supportive place to sort out and process difficult feelings, emotions and situations. So often we become confused or “stuck” in life. After this groundwork has been laid, the focus can shift to change. What aspects of your life could benefit from change? It is my belief that change results from both acceptance and effort. I will work with you to identify and implement how both can be beneficial in your life.

Formal Education and Training: I hold a Master’s Degree in Education from Concordia University, Irvine. Coursework and areas of focus include language acquisition, Autism Spectrum Disorder, a Spanish minor, multicultural approaches in the educational setting, and child/adolescent development.

I also hold a Master’s of Science in Mental Health Counseling from Capella University in Minnesota. Coursework focus includes child, adolescent and adult psychological development, best practices for treating mental health disorders, Autism Spectrum Disorder and multicultural approaches to counseling.

Code of Ethics: As a Licensed Professional Counselor under the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its' Code of Ethics.

Continuing Education: To maintain my license, I am required to participate in continuing education classes regarding subjects relevant to counseling.

Fees: \$150 - 50 Minute Session
\$525 - 2 Hour Autism Evaluation

As a client of an Oregon Licensed Professional Counselor, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions:
 1. Reporting suspected child abuse;
 2. Reporting imminent danger to you or others;
 3. Reporting information required in court proceedings or by your insurance company, or other relevant agencies;

4. Providing information concerning licensee case consultation or supervision; and
 5. Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at:

Address: 3218 Pringle Rd SE, #120
Salem, OR 97302-6312

Telephone: (503) 378-5499

Email: lpct.board@state.or.us

Website: www.oregon.gov/OBLPCT

For additional information about me, please consult the Board's website.

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