## What Will My Autism Evaluation be Like?

If you feel nervous or anxious about your upcoming evaluation, you are not alone! New situations can cause uncertainty and anxiety.

The evaluation itself takes about an hour and 45 minutes. It was created by Susan D. Mayes Ph.D and was modified to assess adults. It consists of 20 questions and will feel just like a back-and-forth conversation. Within the assessment I also screen for co-occurring disorders that often accompany autism (ADHD, OCD, Depression, Processing Disorder, Anxiety).

Many women wonder if they will be denied an autism diagnosis due to masking. It is my professional opinion that masking is a hallmark of autism, therefore a diagnosis is never ruled out because of it.

By the end of the evaluation, you will know whether you are on The Autism Spectrum or not. We will then take about 15 minutes for you to ask me questions about your possible diagnosis, further counseling, or anything else you're curious about. Written results of your evaluation and supporting documentation will be mailed to you within a week.

Please let me know what other questions you might have before your evaluation by emailing me at olsen@autismcounselingoregon.com. The feedback I usually get from people who have gone through the evaluation is, "That wasn't so bad!"

Evaluation Fee:

Cash / Check - \$525 Credit / Debit - \$538

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